# CUB SCOUT PACK 165 OUTDOOR ORIENTATION

## **CUB SCOUT OUTDOOR ESSENTIALS**

On any hike, overnighter or other outdoor excursion, each Scout <u>shall</u> be equipped with a backpack that <u>must</u> include the following items.

Personal First Aid Kit
 Filled Water Bottle
 Flashlight
 Whistle
 Compass
 Rain Gear

Trail Food (something healthy)
 Pocketknife (Bear/Webelos only)

SunscreenInsect RepellantMatches/Fire StarterScout Handbook

## **OPTIONAL OUTDOOR ITEMS**

Camera
 Sunglasses
 Notebook / Pencil
 Swimsuit / Towel
 Binoculars
 Fishing Gear
 Nature Books
 Prayer Book

# **THE BUDDY SYSTEM**

- 1. Everyone has a buddy
- 2. You and your buddy go everywhere together
- 3. Know where your buddy is at all times

### **IF YOU THINK YOU ARE LOST**

- 1. Stay where you are don't try to find your way back
- 2. Sit down in the open where people can see you
- 3. Blow your whistle three times if you hear or see other people

### **LEAVE NO TRACE FRONTCOUNTRY GUIDELINES**

Plan ahead Leave what you find

Stick to trails Respect other visitors

Manage your pet Trash your trash